

Topics Addressed by Selected Labyrinth Research Studies

John W. Rhodes - December, 2007

Bibliography Entry #	6	9	12	14	17	24	25	31	33	34	36	40	42	45	46	47
Author	Bosbach	Danielson	Dunphy, et. al.	Fairbloom	Francisco	Mariscotti & Texter	Mariscotti & Texter	Rhodes	Rhodes	Rice	Sandor & Froman	Sholem	Taylor	Weigel	Wirth	Wood
Date	1998	2004	2000	2003	2006	2003	2004	2006	2007	2004	2006	1999	2007	2007	2005	2006
Number of Participants	5			11		84	165	160	122	85	25	8	5	13	30	75
Labyrinth Research Framework Category *	4	4	4	4	4	4	5	4	4	4	7	6	4	7	4	4
Topic Addressed:																
Agitation								X	X							
Anxiety								X	X							
Blood Pressure											X					X
Brain Wave Shifts	X															
Calming		X				X										
Centeredness								X	X							
Clarity								X	X							
"container focusing attention"												X				
"container for dealing with anxiety of life-limiting illness"													X			
"container for expressing emotions"													X			
"container for finding hope for the future"													X			
Contentedness										X						
Creativity					X											
Demographic Characteristics								X	X	X						
Energy				X												
Focus				X												
Friendliness										X						
Hope																X
Introspection		X														
Job satisfaction														X		
Labyrinth Useful (Personally or Professionally)						X										
"mirror reflecting inner process"												X				
Openness								X	X							
Peace						X		X	X							
Positive/Negative Affect											X					

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Labyrinth Research Framework Category *	4	4	4	4	4	4	5	4	4	4	7	6	4	7	4	4
Topic Addressed:																
"potential for accessing intuition"												X				
Pulse											X					
Quiet							X	X	X							
Reflection								X	X							
Relaxation							X	X	X	X					X	
Respiration											X					
Self Discovery		X														
Serene						X										
Stress				X			X	X	X					X	X	X
"Time out"				X												
Transformative Power		X														
"trigger stimulating insight"												X				
Wellness/Health			X							X						

* - For a description of the *Framework for Labyrinth Research* , see:

Rhodes, J. W. (2007) *A context for labyrinth research*. Labyrinth Pathways. First Edition, May 2007, 22-29.